



TAITH DYFFRYN TEIFI

TEIFI VALLEY TRAIL

Gadewch i'r Antur Ddechrau!
Let the Adventure Begin!

Dydd Sul, Ionawr 26^{ain} 2025

Cestyll a Rhaeadrau – Castell Newydd Emlyn i Genarth
Taith Gerdded Gylchol tua 6 milltir (opsiwn 3 milltir hefyd)

Cyfarfod am 10yb ym Maes Parcio Mart Castell Newydd Emlyn,
SA38 9BA (Tâl parcio £1.70)

Byddwn yn cerdded ar lannau gogleddol a deheuol Afon Teifi heddiw o Gastell Newydd Emlyn i Genarth ac yn ôl trwy goetir, ar hyd llwybrau a ffyrdd tawel. Opsiwn ar gyfer taith gerdded 3 milltir fyrrach gyda throsglwyddiad bws yn ôl i CNE (£3 y teithiwr).

Cynnigir te/coffi am ddim drwy garedigrwydd Eglwys Sant Llawddog yng Nghenarth a Theatr yr Attic ar y diwedd yn CNE.

Dim tâl am gerdded. Sori dim cwn.
Dewch â dillad glaw, esgidiau cryf a chinio gyda chi.



Chris 07881981709 / 01570 434506

Ymunwch â thaith gerdded i ddathlu agoriad Taith Dyffryn Teifi.
Mae manylion llawn ein teithiau cerdded ar gael ar-lein.
Join a walk to celebrate the opening of the Teifi Valley Trail.
Full details of our walks are available on online.

2025

26 Ionawr / January: Castell Newydd Emlyn / Newcastle Emlyn

23 Chwefror / February: Cilgerran

16 Mawrth / March: Llandudoch / St Dogmaels

Ebrill / April TBC: Llanybydder

These dates have been changed from what was previously advertised, due to a clash with the 6 Nations!



teifivalleytrail.wales



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Sunday 26th January 2025

Castles & Waterfalls – Newcastle Emlyn to Cenarth
Circular Walk approx 6 miles (also 3 mile option)

Meet at 10 am at Mart Car Park in Newcastle Emlyn, SA38 9BA
(parking charges of £1.70)

We walk on the north and south sides of the River Teifi today from Newcastle Emlyn to Cenarth and back through woodland, along footpaths and quiet roads. Option for shorter 3 mile walk with bus transfer back to NCE (£3 per passenger).

Complimentary tea / coffee kindly offered by St Llawddogs Church in Cenarth and Attic Theatre at the end in NCE.

No charge for walk. Sorry no dogs.
Please bring waterproofs, sturdy shoes and lunch with you.



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